40 ways to love God and neighbor

APOLOGIZE.	PUT YOUR HAND OVER YOUR HEART AND BREATHE.	TURN OFF THE TV.	ASK A STRANGER A QUESTION.	GIVE SOMEONE THE BENEFIT OF THE DOUBT.
LET GO.	GIVE GENEROUSLY.	BE PATIENT.	DON'T TAKE THE EASY WAY OUT.	RESERVE JUDGMENT.
GIVE YOUR BEST.	FORGIVE SOMEONE.	FORGIVE YOURSELF.	MAKE PEACE.	REST.
PAY ATTENTION.	SAY "YES" TO SOMETHING NEW.	TAKE THE DAY OFF.	TAKE A WALK.	BE THANKFUL.
ACT JUSTLY.	SAY "NO" WHEN YOU NEED TO.	GO OUTSIDE AND COUNT THE STARS.	SHAKE THE DUST OFF YOUR FEET.	GRIEVE.
FACE A FEAR.	HELP SOMEONE.	LISTEN.	KEEP YOUR WORD.	SLOW DOWN.
BE THANKFUL.	CARE FOR THE PLANET.	THINK GRACIOUS THOUGHTS.	SING.	CELEBRATE.
LEARN.	CONSIDER SOMEONE ELSE'S PERSPECTIVE.	STOP LOOKING AT YOUR PHONE.	HAVE FAITH.	CHOOSE YOUR WORDS WISELY.